

Oat Porridge

NEED:

1 cup rolled oats (not quick oats)
2.5 cups water
Pinch sea salt
1 tsp vanilla bean paste
Toppings and sweeteners of choice

DO:

Place oats, water, salt and vanilla into HMP and cook to **100°C/speed 1/pulse**.

Serve immediately with cream, yoghurt, berries, bananas, syrup, sugar, cinnamon, milk, chopped nuts or other additions to taste.

4 servings